

PULSE

Parents Using Life Skills Education

The Parents Using Life Skills Education also known as the PULSE program provides intensive, individualized parent education focusing on the parent-child interaction and helping facilitate a productive and healthy home environment.

The Family Skills worker works together with the family to create a Service Plan for weekly visits, along with intensive supportive intervention as it pertains to life skills. The Service Plan includes an assessment of the parents strengths and needs.

Parent Education is provided using the Nurturing Parenting Program developed by Dr. Stephen Bavolek. The program was developed to use with families who are involved in the child welfare system.

Supportive Visitation Goals

- Increase nurturing parenting skills while supporting parents to implement new, healthier parenting practices.
- Increase awareness and mastering of life skills in order to create and maintain a healthy, balanced, and productive lifestyle.
- Administer pre and post assessments to assess and document changes in parenting beliefs.
- Provide services to families that meet their needs, including connecting parents with other services available in the community.

Family Skills Provide Workers

- A Service Plan consisting of mutually agreed upon goals and objectives while participating in the program, and pre/post assessments using the Adult-Adolescent Parenting Inventory.

- Four face-to-face visits with parent & family per month.

- Supportive intervention and life skills services which may include (but not limited to): conflict resolution, goal setting, self-sufficiency, career planning, environmental health, and age-appropriate expectations for children.

- Transportation is available for the parent as defined by the contract. Transportation may be made available to parents to assist them in reaching their goals agreed upon in the service agreement.

Visit Coaches Provide DHHS Referring Workers

- Attendance at Family Team Meetings
- Initial Assessment and Termination Assessments
- Service Plan
- Monthly Reports
- Attendance at court hearings as needed



Who is Eligible?

All families with:

- An opened DHHS Foster Care or Delinquency case
- A DHHS CPS Category I, II, or III case.
- A CPS case closed within the last 18 months, had a CPS investigation within the past 18 months, or had three or more rejected CPS complaints.
- Parents willing and able to participate in weekly services.
- Parents willing and able to take charge of setting their own services priorities



Availability

- Program available on first come first served basis (if needed a waiting list will be established)
- Two Family Skills Workers dedicated to serve the Saginaw Area

To make a referral, contact:

Stephanie Curtis
(989) 839-0534 or
scurtis@aoicw.org



Adoption Option Inc. was initially founded to provide adoption services, help children in the foster care system and to share free information about adoption and foster care.

We have continually expanded the types of services offered. In 2010 we began offering a summer program for youth. Subsequently, we began offering family preservation services to help children be reunited with their biological parents. We now provide four types of family preservation programs.

Our agency is pleased to assist families with a diverse array of child welfare services.



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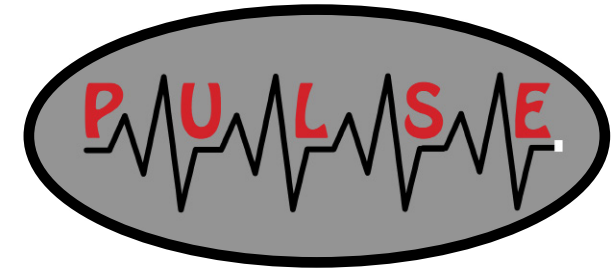
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Parents Using Life Skills Education

Family Skills Program



Service Area

Saginaw

This program is funded in part by the State of Michigan.