

COMMUNITY P.L.A.N. NURTURING PARENTING

Connect with parents to explore:

- Ways to meet your needs as a parent
- Spending Quality Time with Your Children
- Effective Communication
- Reducing unwanted behaviors using:
 - *Praise
 - *Consistent Routines
 - *Rewards and Punishments
- Effective Homework Routines



Age Specific Groups:

- . Adolescents (Ages 10-18)
- . Thursday's
- . Beginning 9/28/17—12/7/17
- . 5:00pm-8:00pm

- . Infant, Toddler, Preschool, and Elementary (Birth-10 years)
- . Tuesday's
- . Beginning 10/10/17—12/12/17
- . 10:00am-1:00pm

FREE

**10 WEEK
COURSE**

**FAMILY MEAL
TIME - FOOD
PROVIDED**

**CHILD CARE
PROVIDERS
WELCOME**

**CHILDREN
WELCOME**

**(CHILDREN'S GROUP
HELD DURING PARENT
GROUP TIME)**

**TRANSPORTATION
AVAILABLE**

TO REGISTER:

**CONTACT:
EMILY TAYLOR
989-839-0534
ETAYLOR@AOICW.ORG**

**WEBSITE:
ADOPTIONOPTIONINC.ORG**

**FACEBOOK:
WWW.FACEBOOK.COM/
ADOPTIONOPTIONINC/**

***GROUP'S ARE HELD AT 2417
Abbott Rd, Midland, MI 48642**